

HEALTH & BEAUTY FOR YOU

TRIED & TESTED 101 SPOT & BLEMISH



IMMORTELE SCAR + BLEMISH OIL
What they say: A nourishing and restorative daily face oil especially formulated to assist the skin in recovery, targeting new scars and the prevention of scarring after acne breakouts. Enhanced with lemon

essential oil to reduce the appearance of dark marks, and Rosemary essential oil that coaxes tissue healing and regrowth.
What we say: A gentle healer, this oil made our skin feel soft with zero grease hangover. £30
www.islaopothecary.com

ANTI-BLEMISH BUNDLE ESSENTIALS BY ARTISTRY™
What they say: This anti-blemish product bundle from Artistry features an effective daily toner and powerful on-the-spot gel to both help fighting blemishes and help avoid future breakouts. **What we say:** The salicylic acid helps with acne big style. We felt squeaky clean after using this duo.
 £28.10 • www.amway.co.uk



PALMER'S ENZYME MASK

What they say: Infused with natural kaolin clay it deeply purifies and detoxifies skin whilst leaving it soft and smooth to the touch. Papaya fruit acids clear away surface skin cells which helps to reveal beautiful and even looking skin.

What we say: Palmer's keep on coming back with their reliable and affordable beauty products. This clay mask left our skin feeling soft and bright. You can't escape that cocoa scent either. Happy linkers.
 £5.49 Available from Superdrug.com, Feelunique.com and Ocado.com



HEALGEL INTENSIVE

What they say: Its lightweight, gel formulation has become a rescue remedy for all skin types. HealGel Intensive has been specially formulated by a team of leading cosmetic surgeons and an award winning dermatological biochemist. Features ingredients like Amica Liposome (reduces swelling), and hexapeptides (promotes skin regeneration).


What we say: It works. As soon as this gel was on our faces, all felt cool and calm. There was no stinging on current spots and rased areas seemed smoother the next morning. £37.50
Net-A-Porter.com • feelunique.com



INTENSIVE PROPOLIS

What they say: A serum that purifies and removes congestion with high propolis concentration to treat hyperseborrhea and acne-prone skin. Reduces imperfections. The complexion is brighter, the skin clearer and purified.

What we say: After a few days use, Krystal in the office reported that her skin felt clearer and less oily. We reckon it only needs to be used once a day for those of us with combo skin.
 £33 • www.beautybay.com
www.esthederm.com



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by International Massage Certified personnel 07938 667495 | nimboodauk@gmail.com

A mobile massage service in the comfort of your home. All you need is a clear space. I provide everything else. Stress relief, relaxation and pain relief for joint and muscle pain from head to toe.

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EMERGENCY APPOINTMENTS AVAILABLE



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